

## Spiritual Growth - *Living Intentionally*

***Spiritual growth doesn't happen randomly – it takes living our lives intentionally.***

Join us for this Women's Retreat on 'Living Intentionally' to be held in Marysville VIC. Our speaker is Dr Anessa Westbrook, from Harding University, Searcy, Arkansas, USA.

**Time & Date:** 6.00pm Friday 23 June – 4.00 pm Saturday 24 June, 2017

**Venue:** El Kanah, Marysville VIC (a beautiful guest house and chapel 90 min northeast of Melbourne – [www.elkanahmarysville.org.au](http://www.elkanahmarysville.org.au))

Anessa will lead us through four lessons to help us grow spiritually as we focus on living 'intentional lives'. The first session begins after dinner on Friday evening and there are three sessions on Saturday (9.30am – 4.00pm). Saturday morning will start with a devotional and time for worship in the little chapel on the El Kanah grounds.

To make transport easier, Belmore Rd Church of Christ will provide a bus and driver at no cost – leaving from their building (100 Rostrevor Pde, Mont Albert North) at 3.30pm on Fri and returning to the building at the conclusion of the Retreat (arriving ~5.45 pm Sat).

**Cost for the Retreat** (includes lodging Friday night and all meals on Sat)

- Single room occupancy (queen bed & ensuite) - \$185 per person
- Double room occupancy (adult single beds & ensuite) - \$115 per person
- Triple room occupancy (adult single beds & ensuite) - \$95 per person
- Quad room occupancy – limited # (adult single beds & ensuite) - \$95 per person

Each lady will be responsible for their dinner costs for Friday evening (\$35).

A day-conference rate is available for \$40 for those who come for Saturday only.

**Register and pay by Monday, 29 May 2017** by contacting either:

Debby Rowley  
Belmore Rd Church of Christ  
0419 005 300  
[burlington.dkr@bigpond.com](mailto:burlington.dkr@bigpond.com)

Lesley Christensen  
South East Church of Christ  
03 9776 6215  
[qoheleth@optusnet.com.au](mailto:qoheleth@optusnet.com.au)

Organised by



### **Dr Anessa Westbrook**

Anessa teaches at Harding University (a US university affiliated with Churches of Christ) and has been on faculty there since 2006. Prior to taking up her faculty position, she and her husband, Tim, were missionaries in Szolnok, Hungary for 8 years (1995-2003).

Anessa's special areas of expertise are in Spiritual Development of Women and Women's Ministry. She is the director of the Harding Women's Lectureship Program and the Women in God's Service Conference. Anessa has written ladies' Bible studies and articles for Christian Woman Magazine.

Anessa and Tim have three children – Alina, Anna and Theo. They are part of the College Church of Christ in Searcy, Arkansas, where Anessa teaches classes, is one of the ministers to women and serves on the Great Commission Missions Committee.

Anessa is a graduate of Harding University (Bachelor of Arts) and Harding School of Theology (Master of Arts in Church Growth and Master of Divinity). She also earned a D.Min. from Fuller Theological Seminary.